GLOUCESTER CITY CYCLING CLUB

Affiliated to BC, CTT, RRA, WCRRA, WTTA, C-UK
Web-site: www.gloscitycc.co.uk

President : Simon Pollington

SUNDAY MODERATE RIDES LISTING FOR JANUARY TO APRIL 2027

MEET AT KINGS SQUARE TO DEPART AT 9AM UNLESS OTHERWISE STATED
In addition to the Moderate Rides listed, there will be a Tempo, Intermediate and Fast Ride - see below for explanation

PLEASE FIT YOUR BIKE WITH MUDGUARDS WHEN WEATHER CONDITIONS DICTATE

Date	Destination	Category	Café	Leader	Comment
03/01/2027	Stroud	A	Salt Bake House	Tesh	
10/01/2027	Beckford	B	The Old Post Office	Howard	Kemerton for overflow
17/01/2027	Ross-on-Wye	B	Engine Shed	Malcolm T.	
24/01/2027	Berkeley	B	The Kitchen Garden Café	Jon D.	
31/01/2027	Much Marcle	B	The Scrumpy House	Kevin B.	
07/02/2027	Tewkesbury	A	Café au Chocolat	Ali G.	
14/02/2027	Bagendon, Cirencester	B	Fire and Flow	Theo	
21/02/2027	Soudeley	B	Dean Heritage Centre	Toby	
28/02/2027	Earl's Croome	B	Nuyard Garden Centre	Jane J.	
07/03/2027	Eastington	A	Eastington Farm Shop	Jim	
14/03/2027	Saul Junction	Introductory	The Stables Café	Emma	
	Ledbury	B	Malbury Café	Theo	
21/03/2027	Toddington	B	Railway Café	Tesh	
28/03/2027	Malvern	B	The Kettle Sings Tearoom	Malcolm T.	Easter Sunday / Clocks change
04/04/2027	Dursley	A	The Bank	Ali G.	
11/04/2027	Ashleworth	Introductory	Ashleworth Hub	Emma	
	Hayles Fruit Farm	B	Hayles Fruit Farm	Toby	
16/04/2027	Stratford-on-Avon	Tour	Stratford on Avon		
18/04/2027	Upton-on-Severn	B	Clive's Fruit Farm	Howard	
25/04/2027	Maisemore	A/B	Village Hall	Jim	Spring Club Open TT

All rides count to the Club's Attendance Trophies, if you are noted as present at the coffee / lunch stop and rode with the group.
Some riders may stay out for lunch. The destination is at the discretion of ride leader.

Note that coffee destinations may change at late notice - any changes will be broadcast on the Whatsapp Sunday rides group.

Off Road / Gravel Rides: Weather dependent, occasional rides. Check Facebook / Website.

RIDE CATEGORIES:

The **Moderate** rides listed here are split into three categories: A, B, and C; there are also **Tempo** (14-17 mph) and **Intermediate (13-16 mph)** rides, which are faster and may go to different destinations: these are determined during the week prior to the Sunday. **Fast** rides (17+mph) are also organised the week prior to the Sunday, depending on weather and availability and may have a coffee stop at the end, in or around Gloucester.

Moderate ride categories:
Introductory. 15 to 20 miles to coffee, 20 to 30 miles round trip. Social riding at 9 to 12 mph.
A: Reasonably flat, easy pace; typically 18 to 24 miles to coffee at 9-12 mph.
B: Expect some hills: experience and stamina necessary; typically 24 to 32 miles to coffee at 11-14 mph.
C: Long ride requiring very good stamina and food supplies. Check with Captain for details.

NOTE: Open event: Spring 25m TT, Sunday 25th April, Maisemore with social to follow. Helpers required please!

NOTE:Spring Tour: Weekend 16th to 18th April to Stratford-on-Avon, Warwickshire: ride there on Friday; circular ride Saturday; return home on Sunday.

Captain: Emma van der Wal: E-mail: captain@gloscitycc.co.uk

Vice-Captain: Ana Hristoforova: E-mail: anastasija.h@me.com

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