



# GLOUCESTER CITY CYCLING CLUB

Affiliated to BC, CTT, RRA, WCRRA, WTTA, C-UK, CCRL  
Web-site: [www.glosccitycc.co.uk](http://www.glosccitycc.co.uk)

President : Malcolm Taylor

## SUNDAY RIDES LISTING FOR SEPTEMBER TO DECEMBER 2023

MEET AT KINGS SQUARE TO DEPART AT 9.00AM UNLESS OTHERWISE STATED

In addition to the Club Rides listed (including a 'tempo' group) there will be a Sports Ride of around 3 hours with a coffee stop at the end

PLEASE FIT YOUR BIKE WITH MUDGUARDS WHEN WEATHER CONDITIONS DICTATE

Date	Coffee Stop (around 11am)	Cat.	Lunch - Optional	Leader	Comments
03-Sep-23	Berkeley	AA	The Red Lion, Arlingham	Maz	
	Falfield	B		Ian	
09-Sep-23	TBC	B	TBC		Tour of Britain: starts in Tewkesbury; finish on Southgate St
10-Sep-23	Maisemore	A	Maisemore	Toby	Autumn 25 Open Time Trial; social event post race at race HQ
17-Sep-23	Hayles Fruit Farm	A	Jolly Brew Master	Emma	
	Notgrove	B		Theo	8.30am start for Club ride
22-Sep-23	Weekend Tour	C		Malcolm G	Marlborough
24-Sep-23	Tewkesbury	A	Select on the day	Jim	
01-Oct-23	Soudley	AA	The Cobblers, Newent	Tesh	
	Hopewell Colliery	B		Ian	
08-Oct-23	Chedworth	B	The Woolpack, Slad	Emma	
	Northleach	B		Malcolm T	
15-Oct-23	Ledbury	A	Farmer's Arms, Birtsmorton	Malcolm G	
	Trumpet - Nest	B		Mike B	
22-Oct-23	Berkeley	B	The Three Horseshoes, Frampton	AliG	
	Charfield			Ian	
29-Oct-23	Cirencester	B	Ale House, Stroud	Kevin B	Clocks go back 1 hour; 8.30am start for Club ride
05-Nov-23	Newent	AA	The Royal Exchange, Hartpury	Jim	
	Ross	B		AliG	
12-Nov-23	Stroud	A	Select on the day	Maz	Remembrance Sunday
		B		Jon D	
19-Nov-23	Tetbury	B	The Beacon, Haresfield	Malcolm T	
26-Nov-23	Earls Croome	A	House in the Tree	Jim	Post dinner ride
		B		Kevin B	
03-Dec-23	Nailsworth	AA	The Three Horseshoes, Frampton	Toby	
	Thistledown	B		Jon D	
10-Dec-23	Mystery Ride	A	Select on the day	Theo	
		B		Malcolm T	
17-Dec-23	Tewkesbury	A	Select on the day	Colin	Christmas dinner ride - lunch in town
	B				
24-Dec-23	Mystery Ride	A	The Pelican, Gloucester	TBC	Christmas eve
31-Dec-23	Slimbridge	A	The Ship, Framilode	AliG	New Year's eve

All rides count to the Dancey Trophy, if you are noted as present at the coffee / lunch stop.

**Autumn Tour:** Friday 22nd to Sunday 24th September to Marlborough, Wiltshire. Liaise with Captain / Vice-Captain for details.

**Off Road / 'Gravel' Rides:** Weather dependent and occasional option that may also occur on Saturday. Check Facebook / Website.

### RIDE CATEGORIES:

**AA** - Flat, easy pace, open invitation ride typically 18 to 25 miles to coffee. Average riding speed 9 to 12mph, depending on attendees.

**A** - Easy(ish) possibly a few gentle climbs; some experience necessary, typically 20 to 28 miles to coffee. Average riding speed 10 to 12mph.

**B** - Hills, experience and stamina necessary; typically 24 to 30 miles to coffee. Average riding speed 12 to 14mph.

**C** - Long ride requiring very good stamina and food supplies. Check with Captain for details. Average riding speed 12 to 15mph.

Club rides are generally split into at least two groups, with a 'Moderate' and 'Tempo' route which may go to different destinations if numbers dictate. There will also be a Sport Ride of around 3 hours with a coffee stop at the end in or around Gloucester. These rides do not follow the listing above. See "Which ride?" on the Club's web site for more information.

**NOTE:** Open event: Autumn 25, Sunday 10th September, Maisemore with BBQ to follow. Helpers required please!

**Captain:** Toby Wooldridge: E-mail: [Toby@Peppers-cafe.co.uk](mailto:Toby@Peppers-cafe.co.uk)

**Vice-Captain:** Ian Wareing. E-mail: [glosccitycc.vc@gmail.com](mailto:glosccitycc.vc@gmail.com)

See also Tuesday Evening Rides list.

<<<CHECK WEBSITE / FACEBOOK FOR LATEST UPDATES AND CHANGES>>>