



# GLOUCESTER CITY CYCLING CLUB

Affiliated to BC, CTT, RRA, WCRRA, WTTA, C-UK, CCRL

Web-site: [www.glosccitycc.co.uk](http://www.glosccitycc.co.uk)

President : Malcolm Taylor

## SUNDAY RIDES LISTING FOR JANUARY TO APRIL 2023

MEET AT KINGS SQUARE TO DEPART AT 9.00AM UNLESS OTHERWISE STATED

In addition to the Club Rides listed (including a 'sport' pace group, av. Speed 15mph+) there will be a Training Ride of around 3 hours with a coffee stop at the end

PLEASE FIT YOUR BIKE WITH MUDGUARDS WHEN WEATHER CONDITIONS DICTATE

All destinations subject to change depending on weather conditions and availability of proposed destination - check Website / Facebook for updates

| Date      | Coffee (around 11am)     | Cat. | Lunch - Optional                  | Leader     | Comments  |
|-----------|--------------------------|------|-----------------------------------|------------|---|
| 01-Jan-23 | Mystery Ride, start 10am | A    | Three Horseshoes, Frampton        | Ali G      | New-Year's Day ride - 10am start                                |
| 08-Jan-23 | Upton-on-Severn          | A    | The Royal Exchange, Hartpury      | Malcolm T  | Clives Fruit Farm or Rhydd<br>Also a Ladies Ride                |
|           | Crophorne                | B    |                                   | Sport Pace |   |
| 15-Jan-23 | Nailsworth               | AA   | The Beacon, Haresfield            | Theo       |   |
|           |                          | B    |                                   | Toby       |   |
| 22-Jan-23 | Ross-on-Wye              | A    | Penny Farthing, Aston Ingham      | Ali G      | The Engine Shed   |
|           |                          | B    |                                   |            |   |
| 29-Jan-23 | Tetbury                  | B    | The Ale House, Stroud             | Kevin B    | Cotswold Coffee Bar   |
| 05-Feb-23 | Tewkesbury               | AA   | House in the Tree                 | Maz        |   |
|           |                          | B    |                                   | Colin      |   |
| 12-Feb-23 | Berkeley                 | A    | The Ship, Framilode               | Ali G      |   |
|           | Eastwood Park            | B    |                                   | Sport Pace |   |
| 19-Feb-23 | Ledbury                  | A    | Farmer's Arms, Birtsmorton        | Neville    |   |
|           | Trumpet                  | B    |                                   | Kevin B    |   |
| 26-Feb-23 | Cinderford               | B    | Red Hart, Blaisdon                | Theo       | Muzos or Woodlands<br>The Ship                                  |
|           | Newnham on Severn        |      |                                   | Malcolm T  |   |
| 05-Mar-23 | Slimbridge               | AA   | The Red Lion, Arlingham           | Maz        | The Black Shed  |
|           | Dursley                  | B    |                                   | Jim A      |   |
| 12-Mar-23 | Cirencester              | B    | Miserden                          | Toby       |   |
| 19-Mar-23 | Hayles Abbey, Winch.     | A    | Hewlett, Cheltenham               | Ali G      | MOTHERS DAY   |
|           | Stow on the Wold         | B    |                                   | Sport Pace |   |
| 26-Mar-23 | Hopewell Colliery        | B    | The George, Newent                | Malcolm T  | Clocks Spring forward.  |
|           | Lydney                   |      |                                   | Malcolm G  |   |
| 02-Apr-23 | Upton-on-Severn          | AA   | The Cross Keys, Bredon's Hardwick | Ali G      | Pub just north of Tewkesbury                                    |
|           | Rhydd                    | B    |                                   | Colin      |   |
| 09-Apr-23 | Soudeley                 | A    | Salutation Inn, Ham               | Neville    | EASTER SUNDAY<br>Bridge Ride, 8am start; Sports ride leaves 9am |
|           | Tintern - The Station    | C    |                                   | Malcolm G  |   |
| 16-Apr-23 | Chedworth                | B    | The Old Elm, Churchdown           | Theo       | 8.30am start  |
|           | Northleach               | B    |                                   | Sport Pace |   |
| 23-Apr-23 | <b>TOUR</b>              | C    | TBA                               | TBA        | <b>SPRING TOUR 21st - 23rd Cardiff</b>                          |
|           | Dursley                  | B    |                                   | Jim A      |   |
| 30-Apr-23 | Newent                   | A    | The Royal Exchange, Hartpury      | Jon David  | Roses garden centre; No Sports Ride                             |

All rides count to the Dancy Trophy, if you are noted as present at the coffee / lunch stop.

**Spring Tour:** Friday 21st to Sunday 23rd April to Cardiff. Liaise with Captain / Vice-Captain for details.

**Off Road Options:** Weather dependent. Check Facebook / Website.

### RIDE CATEGORIES:

**AA** - Flat, easy pace, open invitation ride typically 18 to 22 miles to coffee.

**A** - Easy(ish) possibly a few gentle climbs; some experience necessary, typically 22 to 28 miles to coffee.

**B** - Hills, experience and stamina necessary; typically 25 to 32 miles to coffee.

**C** - Long ride requiring very good stamina and food supplies. Check with Captain for details.

Club rides are generally split into at least two groups, with a 'club' (12 to 15mph) and 'sport' (15 to 17mph), which may need to go to different destinations if numbers dictate.

**NOTE:** Open events: TG Hall 25 mile TT on Saturday 30th April. Contact Anthony Lake for details. Helpers required please!

**Captain:** Toby Wooldridge: E-mail: [Toby@Peppers-cafe.co.uk](mailto:Toby@Peppers-cafe.co.uk)

**Vice-Captain:** Ian Wareing. E-mail: [glosccitycc.vc@gmail.com](mailto:glosccitycc.vc@gmail.com)

See also Midweek Evening Rides list.

<<<CHECK WEBSITE / FACEBOOK FOR LATEST UPDATES AND CHANGES, PARTICULARLY WITH BAD WEATHER>>>