

GLOUCESTER CITY CYCLING CLUB

CLUB TIME TRIALS GUIDE

We run a varied programme of time trials on Tuesday evenings during the racing season. Please see the schedule for details.

NEW TO TIME TRIALS?

Read the useful information on the Cycling Time Trials (CTT) website: cyclingtimetrials.org.uk. Click on 'About' and choose 'Getting Started'

COVID 19 GUIDANCE

Anyone with Covid symptoms (temperature, new continuous cough) should not be at the event in any capacity.

PARTICIPANTS UNDER 18 YEARS

The minimum age is 12. All participants under the age of 18 must have a parental consent form, which can be completed in advance and brought to the event, or completed by the parent or guardian themselves at the sign on.

The consent form can be downloaded from CTT:

<https://cyclingtimetrials.org.uk/documents/index/guardians>

Choose Parental Consent (Club Events)

HELMETS AND LIGHTS

All participants must be wearing a hard shell helmet, and have front and rear lights on their bike, or they will not be allowed to ride.

ENTRY FEES

We only accept card payments. **We do not take cash.** The price list is as follows:

GCCC first and second claim members

18 and over	£5.00
Under 18	£4.00

Non GCCC members

Member of CTT affiliated club

18 and over	£5.00
Under 18	£4.00 + day membership

Member of non CTT affiliated club

18 and over	£5.00 + day membership
Under 18	£4.00 + day membership

Day membership

18 and over	£2.00
Under 18	£1.00
Family	£3.00

DETAILS OF COURSES

See the course guides below.

RESULTS

The results are collated after each race and published on the club website and social media pages, usually the next day. There are different categories for club member and non-member participants, and also for road and time trial bikes. Club members are eligible for various prizes for the season as detailed on the time trial programme.

GUIDANCE FOR MARSHALS

Links to the club marshalling guide and the course guides are given below.