## Gloucester City Cycling Club Young Riders Policy and Parental/Guardian's Consent Form

All participants under 18 must submit a consent form signed by their Parent or Guardian. The only exemption is where a young person having reached the age of 16 can prove that they are no longer living with parents or guardian and are de-facto living as independent adults. Consent applies to the following Club activities which are described in more detail on the Club's web site.

## Club Rides

A completed consent form covers attendance. If an unaccompanied child comes to a Club run without a parent or guardian, or prior arrangement having been made, then the Ride Leader should contact the child's parent(s) or guardian(s). The Ride Leader must be sure that the parent(s)/guardian(s) have agreed how the child is to get home after the ride.

## Other Events (e.g., Races, Time Trials, Training Rides, Sports Rides)

These harder rides are intended for serious adult athletes. They are distinguished by the fact that riders may, and often will, be dropped by the group if they cannot keep up. Participation in Races or Time Trials is subject to the specific requirements of British Cycling or Cycling Time Trials. Whilst Young Riders are not forbidden from taking part in such activities, extra safeguards (in addition to those applying to Club Rides) apply:

- The parent (or person fulfilling that role) of the child must be told that the child must be accompanied by an adult rider who has agreed to stay with the child for the duration of the ride.
- If no such volunteer agrees to potentially sacrifice his/her ride to act as the child's mentor, the leader of the ride is entitled to use his/her discretion to refuse to allow the child on the ride.

## **Consent Form**

Child's Name and Address (including Postcode):

Child's Mobile No:

Email:

Emergency contact Name:

Relationship to rider:

Date of birth:

Emergency contact Telephone:

I consent for the child named above to participate in the Club events as listed on the Club Runs and Mid-week lists. I have read the notes above and those that appear under "Club Rides" on the club website.

Signature of parent or guardian:	Signature of parent or guardian:
Parent or Guardian Name (in BLOCK CAPITALS):	Parent or Guardian Name (in BLOCK CAPITALS):

Ref MRT/0521