



GLOUCESTER CITY CYCLING CLUB

Affiliated to BC, CTT, RRA, WCRRA, WTTA, CTC, CCRL

Web-site: www.glosccitycc.co.uk

Sponsored by Rudy Project

President : Malcolm Taylor

SUNDAY RIDES LISTING FOR NOVEMBER AND DECEMBER 2020

MEET AT KINGS SQUARE TO DEPART AT 9.00AM UNLESS OTHERWISE STATED

In addition to the Club Rides listed there will be a Sports Ride (which may not stop for coffee)

DUE TO CURRENT CIRCUMSTANCES RIDE DESTINATIONS MAY BE SUBJECT TO LATE CHANGE - PLEASE CHECK THE WEBSITE.

PLEASE FIT YOUR BIKE WITH MUDGUARDS WHEN WEATHER CONDITIONS DICTATE

Date	Coffee Shop (around 11am)	Cat.	Likely Café	Comments
01-Nov-20	Stroud	AA	Curio	
	Cirencester / Notgrove	B	Waitrose / Nuttery	
08-Nov-20	Colwall	A	Pavillion	Remembrance Sunday
		B	Morso	
15-Nov-20	Soudley	AA	Heritage Centre	
	Coleford	B	Kaplan's	
22-Nov-20	Upton-on-Severn	A	Clive's Fruit Farm	
	Earl's Croome	B	Garden centre	
29-Nov-20	Dursley	AA	Bank	
	Stinchcombe	B	Leaf & Ground	
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06-Dec-20	Ross	A	Engine Shed	
	Kerne Bridge	B	Hen & Dot Cafe	
13-Dec-20	Hayles Abbey	AA	Farm	
	Broadway	B	TBC	
20-Dec-20	Newent	A	Roses	Potential AA ride as well
		B	Garden centre	
27-Dec-20	Saul	AA	The Stables	
	Berkeley	B	Tea Rooms	

All rides count to the Dancey Trophy, if you sign the attendance book or are noted as present at the coffee / lunch stop.

Off Road Rides: Weather dependent and occasional option that may also occur on Saturday. Check Facebook / Website.

Tyndale Rides: Leaders are from our Tyndale section. Leader and some riders will be riding retro bikes and be clad in Tweed or retro clothing. The rides will follow the normal AA or A ride format and everyone is invited whatever you ride or wear...all most welcome.

Mystery Rides: Occasional rides to be determined by the ride leader 'on the day'.

RIDE CATEGORIES:

AA - Flat, easy pace, open invitation ride typically 18 to 22 miles to coffee. Average riding speed 10 to 12mph, depending on attendees.

A - Easy(ish) possibly a few gentle climbs; some experience necessary, typically 22 to 28 miles to coffee. Average riding speed 12 to 15mph.

B - Hills, experience and stamina necessary; maybe some light off-road stuff, typically 28 to 32 miles to coffee. Average riding speed 14 to 17mph.

C - Long ride requiring very good stamina and food supplies. Check with Captain for details. Average riding speed 14 to 17mph.

In addition to the Club Rides listed there will be a Fast Sports Ride (which may not stop for coffee) - this is not a training ride.

Captain: Toby Wooldridge: E-mail: Toby@Peppers-cafe.co.uk

Vice-Captain: Ian Wareing. E-mail: glosccitycc.vc@gmail.com

See also Tuesday Evening Rides list.

<<<CHECK WEBSITE / FACEBOOK FOR LATEST UPDATES AND CHANGES>>>