



GLOUCESTER CITY CYCLING CLUB

Affiliated to BC, CTT, RRA, WTTA, CTC, CCRL

Web-site: www.glosccitycc.co.uk

Sponsored by Rudy Project

President : Malcolm Taylor

SUNDAY RIDES LISTING FOR SEPTEMBER & OCTOBER 2020

MEET AT KINGS SQUARE TO DEPART AT 9.00AM UNLESS OTHERWISE STATED

In addition to the Club Rides listed there will be a Sports Ride (which may not stop for coffee) - this is not a training ride

PLEASE FIT YOUR BIKE WITH MUDGUARDS WHEN WEATHER CONDITIONS DICTATE

Date	Coffee Shop	Cat.	Lunch	Leader	Comments
06-Sep-20	Slimbridge	AA	Decide on the day	Toby	Black Shed
	Eastington	B		Ian W	Garden Centre
11-13 Sep-20	Club Tour: leave 7.30am Friday	C	Decide on the day	Colin Toby Ian	Ludlow. 2 nights Book your own B&B
13-Sep-20	Ledbury	A	Decide on the day	TBC	The Nest
	Trumpet	B		TBC	
20-Sep-20	Stroud	AA	Decide on the day	Toby	Upper Lock Café
	Kemble Airfield	B		Ian W	AV8
27-Sep-20	Colwall	A	Decide on the day	Toby	Café Morso
		B		Ian W	
04-Oct-20	Hayles Abbey	A	Decide on the day	Toby	Near Winchcombe
	Broadway Tower	B		Ian W	
11-Oct-20	Dursley	AA	Decide on the day	Toby	
		B		Ian W	
18-Oct-20	Tewkesbury	AA	Decide on the day	Toby	
	Upton	B		Ian W	
25-Oct-20	Ross on Wye	A	Decide on the day	Toby	Clocks change
		B		Ian W	
01-Nov-20					
08-Nov-20					
15-Nov-20					
22-Nov-20					
29-Nov-20					
06-Dec-20					
13-Dec-20					
20-Dec-20					
27-Dec-20					

ALL ARRANGEMENTS ARE PROVISIONAL AND DEPEND ON COVID 19 REGULATIONS

All rides count to the Dancey Trophy, if you sign the attendance book or are noted as present at the coffee / lunch stop.

Autumn Tour: Ludlow. Friday 11th to Sunday 13th September. Liaise with Captain / Vice-Captain for details.

Off Road Rides: Weather dependent and occasional option that may also occur on Saturday. Check Facebook / Website.

Tyndale Rides: Leaders are from our Tyndale section. Leader and some riders will be riding retro bikes and be clad in Tweed or retro clothing. The rides will follow the normal AA or A ride format and everyone is invited whatever you ride or wear...all most welcome.

Mystery Rides: Occasional rides to be determined by the ride leader 'on the day'.

RIDE CATEGORIES:

AA - Flat, easy pace, open invitation ride typically 18 to 22 miles to coffee. Average riding speed 10 to 12mph, depending on attendees.

A - Easy(ish) possibly a few gentle climbs; some experience necessary, typically 22 to 28 miles to coffee. Average riding speed 12 to 15mph.

B - Hills, experience and stamina necessary; maybe some light off-road stuff, typically 28 to 32 miles to coffee. Average riding speed 14 to 17mph.

C - Long ride requiring very good stamina and food supplies. Check with Captain for details. Average riding speed 14 to 17mph.

In addition to the Club Rides listed there will be a Fast Sports Ride (which may not stop for coffee) - this is not a training ride.

Captain: Toby Wooldridge: E-mail: Toby@Peppers-cafe.co.uk

Vice-Captain: Ian Wareing. E-mail: glosccitycc.vc@gmail.com

See also Tuesday Evening Rides list.