



# GLOUCESTER CITY CYCLING CLUB

Affiliated to BC, CTT, RRA, WCRRA, WTTA, CTC, CCRL

Web-site: [www.glosccitycc.co.uk](http://www.glosccitycc.co.uk)

Sponsored by Rudy Project

President : Malcolm Taylor

## SUNDAY RIDES LISTING FOR FEBRUARY TO MAY 2020

MEET AT KINGS SQUARE TO DEPART AT 9.00AM UNLESS OTHERWISE STATED

In addition to the Club Rides listed there will be a Sports Ride (which may not stop for coffee) - this is not a training ride

PLEASE FIT YOUR BIKE WITH MUDGUARDS WHEN WEATHER CONDITIONS DICTATE

Date	Coffee Shop	Cat.	Lunch	Leader	Comments
02-Feb-20	Berkeley	AA	The Ship, Saul	TBC	
	Eastwood Park	B		Toby	
09-Feb-20	Goods Shed, Ross on Wye	A	Royal Exchange, Hartpury	Colin	
		B		Malc T	
16-Feb-20	Stroud	AA	The Beacon, Haresfield	Tyndale	Upper Lock Cafe; Tyndale ride
	Kemble Airfield	B		Nev L	AV8 on the airfield
23-Feb-20	Hayles Abbey farm	A	Jolly Brewmaster, Cheltenham	Pete L	Near Winchcombe
01-Mar-20	Soudley	AA	The Boat, Ashleworth	Peter D	
	Cinderford	B		Adrian P	New coffee stop: Woodlands Cafe
08-Mar-20	Morse, Colwall	A	Farmers Arms, Birtsmorton	Ali G	
15-Mar-20	The Bank, Dursley	AA	The Ship, Saul	John C	
		B		Malc T	
22-Mar-20	The Prison, Northleach	B	Cheeserollers, Shurdington	Ali G	
29-Mar-20	Browns, Tewkesbury	AA	House in the Tree	Tyndale	Tyndale ride
		B		Malc G	
05-Apr-20	Ledbury	A	Select on the day	Dave B	
3 - 5 Apr 20	<b>Club Tour: leave 7.30am Friday</b>	C			Ludlow. 2 nights B&B. Leaders: Colin; Toby; Ian
12-Apr-20	Chedworth	B	Black Horse, Cranham	Nev L	Easter Sunday
19-Apr-20	Earl's Crome, Upton	AA	The White Bear, Tewkesbury	Pete L	
		B		Malc T	
26-Apr-20	Black Shed, Slimbridge	A	The Anchor, Oldbury; or Salutation, Ham	Tyndale	Tyndale ride
	Tintern	C		Ian W	<b>8.30am start</b>
03-May-20	Stroud	AA	Kings Head, Kingscourt	Toby	Upper Lock Cafe
	Goods Shed, Tetbury	B		Colin	
10-May-20	Soudley	A	Red Hart, Blaisdon	Nev L	Bank Holiday weekend
	Hopewell Colliery near Speech House	B		Adrian P	
17-May-20	Croome Park	B	The White Bear, Tewkesbury	Mike B	
24-May-20	Berkeley	AA	Select on the day	Marie	Bank Holiday weekend
	Mitchel Troy	B	Rising Sun	Malc T	<b>8.30am start</b>
31-May-20	Browns, Tewkesbury	A	Select on the day	Dave B	
	Moreton-in-Marsh	C	Sherston	Ian W	<b>8.30am start</b>

All rides count to the Dancey Trophy, if you sign the attendance book or are noted as present at the coffee / lunch stop.

**Spring Tour: Ludlow. Friday 3rd to Sunday 5th April. Liaise with Captain / Vice-Captain for details.**

**Off Road Rides:** Weather dependent and occasional option that may also occur on Saturday. Check Facebook / Website.

**Tyndale Rides:** Leaders are from our Tyndale section. Leader and some riders will be riding retro bikes and be clad in Tweed or retro clothing. The rides will follow the normal AA or A ride format and everyone is invited whatever you ride or wear...all most welcome.

**Mystery Rides:** Occasional rides to be determined by the ride leader 'on the day'.

### RIDE CATEGORIES:

**AA** - Flat, easy pace, open invitation ride typically 18 to 22 miles to coffee. Average riding speed 10 to 12mph, depending on attendees.

**A** - Easy(ish) possibly a few gentle climbs; some experience necessary, typically 22 to 28 miles to coffee. Average riding speed 12 to 15mph.

**B** - Hills, experience and stamina necessary; maybe some light off-road stuff, typically 28 to 32 miles to coffee. Average riding speed 14 to 17mph.

**C** - Long ride requiring very good stamina and food supplies. Check with Captain for details. Average riding speed 14 to 17mph.

In addition to the Club Rides listed there will be a Fast Sports Ride (which may not stop for coffee) - this is not a training ride.

Captain: Toby Wooldridge: E-mail: [Toby@Peppers-cafe.co.uk](mailto:Toby@Peppers-cafe.co.uk)

Vice-Captain: Ian Wareing. E-mail: [glosccitycc.vc@gmail.com](mailto:glosccitycc.vc@gmail.com)

See also Tuesday Evening Rides list.