



GLOUCESTER CITY CYCLING CLUB

Affiliated to BC, CTT, RRA, WCRRA, WTTA, CTC, CCRL

Web-site: www.glosccitycc.co.uk

Sponsored by Rudy Project

SUNDAY RIDES LISTING FOR OCTOBER TO JANUARY 2020

MEET AT KINGS SQUARE TO DEPART AT 9.00AM UNLESS OTHERWISE STATED

In addition to the Club Rides listed there will be a Sports Ride (which may not stop for coffee)

PLEASE FIT YOUR BIKE WITH MUDGUARDS WHEN WEATHER CONDITIONS DICTATE

Date	Coffee Stop (around 11am)	Cat.	Lunch - Optional	Leader	Comments
06-Oct-19	Saul	AA	Ale House, Stroud	Nev L	
	Tetbury, Goods Shed	B			
13-Oct-19	Malvern	A	Yew Tree, Chacley	Ian W	
	Leigh Sinton	C	Bromyard		
20-Oct-19	Berkeley	AA	The Ship, Saul	Toby	
	Eastwood Park	B			
27-Oct-19	Mystery Ride	A	TBD	Tyndale	Tyndale Ride
	Mystery Ride	B	TBD	Malcolm G	Clocks go back!
03-Nov-19	Soudley, Heritage Centre Coleford	AA	Red Hart, Blaisdon	Pete L	
		B		Ian W	
10-Nov-19	Ledbury, Cafe No. 1	A	Farmers Arms, Birtsmorton	Dave B	Remembrance Sunday
	Nest, near Trumpet	B		Ali G	
17-Nov-19	Dursley	AA	Beacon, Haresfield	Mike / Ivan	Post Dinner Ride; Tyndale Ride
		B		Malcolm T	
24-Nov-19	Mystery Ride	A	TBD	Colin	
	Mystery Ride	B	TBD	Toby	
01-Dec-19	Huntley, Ferns	AA	The Boat, Ashleworth	Peter D	
	Ross, Goods Shed	B		Adrian P	
08-Dec-19	Stroud, Upper Lock Cafe	A	Beacon, Haresfield	Toby	
		B		Neville	
15-Dec-19	Trescope	AA	Dick Whittington, Glos	Marie	Holly Ride / Fancy Dress. Bookings for lunch required - see Social Sec
		B		Dave B	
22-Dec-19	Slimbridge, Black Shed	A	The Ship, Saul	Ivan / Mike	Carol service TBC
		B		Pete L	
26-Dec-19	Post Christmas Mystery Ride	B	TBD	Ian W	Thursday ride
29-Dec-19	Tewkesbury, Browns	A	Jolly Brewmaster, Cheltenham	Marie	
		B		Colin	
01-Jan-19	New Year's Day Loop Ride	A	TBD	Ian W	Wednesday ride
05-Jan-20	Stroud, Upper Lock Cafe	AA	Beacon, Haresfield	Ivan / Mike	Tyndale Ride
		B		Ali G	
12-Jan-20	Hopewell Colliery, nr Speech House	B	Red Lion, Huntley	Adrian P	
19-Jan-20	Mystery Ride	A	TBD	Marie	
	Mystery Ride	B	TBD	Ali G	
26-Jan-20	Upton / Earls Croome	AA	Swan, Staunton	John C	
	Croome Park	B		Colin	

All rides count to the Dancey Trophy, if you sign the attendance book or are noted as present at the coffee / lunch stop.

Off Road Rides: Weather dependent and occasional option that may also occur on Saturday. Check Facebook / Website.

Tyndale Rides: Leaders are from our Tyndale section. Leader and some riders will be riding retro bikes and be clad in Tweed or retro clothing. The rides will follow the normal AA or A ride format and everyone is invited whatever you ride or wear...all most welcome.

Mystery Rides: Occasional rides to be determined by the ride leader 'on the day'.

RIDE CATEGORIES:

AA - Flat, easy pace, open invitation ride typically 18 to 22 miles to coffee. Average riding speed 10 to 12mph, depending on attendees.

A - Easy(ish) possibly a few gentle climbs; some experience necessary, typically 22 to 28 miles to coffee. Average riding speed 12 to 15mph.

B - Hills, experience and stamina necessary; maybe some light off-road stuff, typically 28 to 32 miles to coffee. Average riding speed 14 to 17mph.

C - Long ride requiring very good stamina and food supplies. Check with Captain for details. Average riding speed 14 to 17mph.

In addition to the Club Rides listed there will be a Fast Sports Ride (which may not stop for coffee) - this is not a training ride.

Captain: Toby Wooldridge: E-mail: Toby@Peppers-cafe.co.uk

Vice-Captain: Ian Wareing. E-mail: glosccitycc.vc@gmail.com

See also Tuesday Evening Rides list.

<<<CHECK WEBSITE / FACEBOOK FOR LATEST UPDATES AND CHANGES>>>