



GLOUCESTER CITY CYCLING CLUB

Affiliated to BC, CTT, RRA, WCRRA, WTTA, CTC, CCRL

Web-site: www.glosccitycc.co.uk

Sponsored by Rudy Project

President : Malcolm Taylor

SUNDAY RIDES LISTING FOR JUNE TO SEPTEMBER 2019

MEET AT KINGS SQUARE TO DEPART AT 9.00AM UNLESS OTHERWISE STATED

In addition to the Club Rides listed there will be a Sports Ride (which may not stop for coffee)

PLEASE FIT YOUR BIKE WITH MUDGUARDS WHEN WEATHER CONDITIONS DICTATE

Date	Coffee Shop (around 11am)	Cat.	Lunch - Optional	Leader	Comments
02-Jun-19	Berkeley	AA	The George, Frocester	Mark B	8.30am start
	Yate	B		Colin E	
09-Jun-19	Cirencester	A	The Crown, Frampton Mansell	Neville L	
		B		Toby	
16-Jun-19	Hales Abbey farm, Winchcombe	AA	Jolly Brewmaster, Chelt	TBC	8.30am start
	Cotswold Mystery Tour	B	TBD	Malcolm G	
	Blaenavon Steam R/way	B	TBD	Ian W	
23-Jun-19	Roses, Newent	A	Swan, Staunton	Peter D	8am start. Longest day ride
	Morton-in-Marsh	C	Northleach	Ian W	
30-Jun-19	Heritage Centre, Soudley	AA	Red Hart, Blaisdon	Ali G	
		B		Adrian P	
07-Jul-19	Defford	A	White Bear, Tewkesbury	Marie C	8.30am start
	Mickleton	C		Colin E	
14-Jul-19	Browns, Tewkesbury	AA	Royal Exchange, Hartpury	Dave B	3 Cities TT; Pied Piper charity ride
		B		Neville L	
21-Jul-19	Nest, Trumpet	A	Farmers Arms, Birtsmorton	Malcolm G	
		B		Malcolm T	
28-Jul-19	Upton on Severn	AA	The Swan, Staunton	Pete L	Avebury stone circle, 100 miles. 8am start
	Malmesbury	C	TBD	Ian W	
04-Aug-19	Upper Lock Cafe, Stroud	AA	Ship, Framilode	Tyndale	ATB ride - Ian W
		B		Ali G	
11-Aug-19	Hales Abey Farm, Winchcombe	A	Shutters, Gotherington	Dave B	New Yard garden centre
	Ryall, near Broadway	B		Colin E	
18-Aug-19	Tetbury - Goods Shed	A	The Ale House, Stroud	Mark B	Option for an off-road ride with Malcolm T. 8am start.
		B		TBC	
25-Aug-19	Ferns, Huntley	AA	TBD	Dave B	Bank Holiday weekend
	Black Mountains - Hay. 7am start	C	TBD	Toby	
01-Sep-19	Slimbridge	AA	The Beacon, Haresfield	Marie C	
	AV8, Kemble Airfield	B		Malcolm T	
08-Sep-19	Goods Shed, Ross	A	Newent, TBD	Ali G	
		B		Colin E	
15-Sep-19	Browns, Tewkesbury	AA	The Jolly Brewmaster, Cheltenham	John C	
	Chedworth	B		Malcolm G	
20 - 21 - 22 Sept	Bridgenorth	C	TBD	Toby / Paul W	Autumn Tour: depart Friday 7.30am
22-Sep-19	Birdwood	AA	Red Hart, Blaisdon	Tyndale	
	Coleford	B		Adrian P	
29-Sep-19	Maisemore	A	Boat, Ashleworth	Mark B	Open 25, HQ Maisemore
		B		Neville L	

All rides count to the Dancy Trophy, if you sign the attendance book or are noted as present at the coffee / lunch stop.

Autumn Tour: Friday 20th to Sunday 22nd September. Liaise with Captain / Vice-Captain for details.

Off Road Rides: Weather dependent and occasional option that may also occur on Saturday. Check Facebook / Website.

Tyndale Rides: Leaders are from our Tyndale section. Leader and some riders will be riding retro bikes and be clad in Tweed or retro clothing. The rides will follow the normal AA or A ride format and everyone is invited whatever you ride or wear...all most welcome.

RIDE CATEGORIES:

AA - Flat, easy pace, open invitation ride typically 18 to 22 miles to coffee. Average riding speed 10 to 12mph, depending on attendees.

A - Easy(ish) possibly a few gentle climbs; some experience necessary, typically 22 to 28 miles to coffee. Average riding speed 12 to 15mph.

B - Hills, experience and stamina necessary; maybe some light off-road stuff, typically 25 to 32 miles to coffee. Average riding speed 14 to 17mph.

C - Long ride requiring very good stamina and food supplies. Check with Captain for details. Average riding speed 14 to 17mph.

In addition to the Club Rides listed there will be a Fast Sports Ride (which may not stop for coffee) - this is not a training ride.

NOTE: Open events: Helpers required please!

Simon Wits, 10 mile TT, 1st June; Steve Taylor RR, 22nd Sept PROVISIONAL; Adrian Pearce, 25 mile TT, 29th September.

Captain: Toby Woodridge: E-mail: Toby@Peppers-cafe.co.uk

Vice-Captain: Ian Wareing. E-mail: glosccitycc.vc@gmail.com

See also Tuesday Evening Rides list.

<<<CHECK WEBSITE / FACEBOOK FOR LATEST UPDATES AND CHANGES>>>